

# Plentiful Programs

## Creative Workshops for Children and Adults

### Materials Needed



- *Glass votive, cup, ornaments*
  - *Nail polish*
  - *Q-Tips*
- *Container with water*
  - *Toothpicks*
  - *Nail polish remover*
  - *Cotton balls*
  - *Disposable gloves*
- *Clear spray sealant (optional)*



### Prep the Water

Fill a container half full with water. The marbling will work best with water that's just slightly warmer than room temperature.

### Mix Your Colors

This part needs to happen quickly, so that the nail polish doesn't have time to dry. Beginning with your first color, let a few drops of polish fall onto the water. *Tip: Apply them near the water's surface; if you let them fall from too high they'll sink to the bottom.* The polish will start spreading once it hits the water. After you have a few drops of the first color, add a second and it will spread a bit as well.

### Swirl It

Quickly and gently drag a toothpick across the surface of the water to swirl the colors and create a marbled effect. These last two steps shouldn't take much more than a minute or so.

### Dip it

With the object held sideways, gently dip and roll the surface across the nail polish on the water. The polish will pull off of the water and stick to the votive. Roll until all sides are covered. If you'd like marbling on the bottom as well, dip the bottom into the water to pick up more nail polish. Set the upside down to dry.

### Let It Cure

The nail polish will dry quickly, but allow at least an hour before you handle them so that the nail polish has time to cure. Use the nail polish remover and a cotton ball to remove any smudges. If desired, take to a well-ventilated area and spray with a clear sealant to protect the marbling.



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### **Important Tips for Nail Polish Marbling:**

- Only use room temperature distilled or filtered water. If your water is too hot or too cold the technique will not work.
- Do not use old nail polishes as they won't work if they are glumpy. Not all nail polishes will work. I found that the Sally Hansen Extreme Wear brand and the Sinful Colors Professional brand work great!
- Turn off any fans or air conditioning. This could cause the nail polish to dry too quickly when dropped into the water.
- Work quickly! If you take too long, the nail polish will dry in the water before you can create designs.
- You can do several objects in the same water, just use a Q-Tip in between each dip to clean excess nail polish from the top of the water.
- Work in a well ventilated area or outside. There is a strong odor while you are working, but the final marbled projects don't smell.